

# 2009

## Door County YMCA

6th Annual

# Kids' Triathlon

## Saturday, July 18



SWIM



BIKE



RUN

### 3 Race Divisions

RACE	SWIM	BIKE	RUN
Division 1 Age 11-14	150 yards Start time: 2:00 pm	4 miles	1.3 mi
Division 2 Age 8-10	100 yards Start time: 3:15 pm	2 miles	.8 mi
Division 3 Age 4-7	50 yards Start time: 4:15 pm	1 mile	.4 mi

### Where

Door County YMCA  
1900 Michigan St, Sturgeon Bay, WI

### Event Description

In conjunction with the Door County Triathlon, the Door County YMCA is offering an intermediate level triathlon for boys and girls age 4-14 on Saturday, July 18. The YMCA would like to stress fun with family and friends, participation, and staying healthy and fit with this event. Although times will be available, we will consider all those who give it their best, a **WINNER**. Every participant will receive a t-shirt and an award. Athletes are encouraged to practice at the YMCA and on their own before the event. **All participants must bring their own bike and helmet!** Swimming is indoors, biking and running outside. Advanced participants may compete up one division. Capacity is 64 participants per race. Note: Spilt times will not be available, only overall time will be kept.



### Registration Fee

\$18 - on or before July 1  
\$23 - after July 1  
Fee includes t-shirt and award!

### Same Day

Same day registration begins at 1:00 pm. Those registering on the day of the event should do so 30 min. prior to their event.

### Check-in

All racers must check in to get race number and starting info 30 minutes prior their event.



### More Info:

Ben @ 920-743-4949,  
brikkola@doorcountyyymca.org

### To Register:

Return form and payment to the YMCA.  
You may also register @  
[doorcountyytriathlon.com](http://doorcountyytriathlon.com) until July 15.



### Door County YMCA Kids Triathlon Registration Form

Registration forms should be returned to the Sturgeon Bay Program Center:  
1900 Michigan St, Sturgeon Bay, WI 54235



Please Select Race: \_\_\_\_\_ YMCA Member \_\_\_\_\_ Non-member Participant

Age 11-14 / Division 1    Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Age 8-10 / Division 2    Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Age 4-7 / Division 3    Birthdate \_\_\_/\_\_\_/\_\_\_ Home Phone \_\_\_\_\_ Other Phone \_\_\_\_\_

Parent/Guardian Names \_\_\_\_\_

Please select t-shirt size:       YXS (4-6)       YS (6-8)       YM (8-10)       YL (12-14)       AS       AM       AL       AXL